

October 2018

Rolla USD #217 Food Service

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																																
	1 B. Mini Waffles w/Syrup, Pineapple, Juice L. Sweet & Sour Chicken Nuggets, Seasoned Brown Rice, Asian Stirfry, Vegetables, Cherry Tomatoes, Celery Sticks, Trop. Fruit	2 B. Pancakes, Sausage Patty, Trop. Fruit, Juice L. Chicken Crispito, Steamed Carrots, Romaine Lettuce, Salsa, Rosey Applesauce, Cherry Crisp	3 B. W.W. Bagel w/Toppings, Strawberries, Juice L. Cheese Breadsticks w/Meaty Marinara Sauce, Seasoned Corn, Tossed Salad, Broccoli Florets, Kiwi	4 B. Cereal, Cinnamon Toast, Mandarin Oranges, Juice L. Pulled Pork Sandwich, Cole Slaw, Baked Beans, Strawberries	5 <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">No School</div>	6																																																																																																																
7	8 B. Whole Grain Cereal, Yogurt Cup, Apple, Juice L. Chicken Tertrazzini, Garlic Bread, Tossed Salad, Seasoned Peas, Sliced Cucumbers, Baby Carrots, Pineapple	9 B. Biscuit & Gravy, Pineapple Chunks, Juice L. Hamburger on a Bun, Dk. Green Leaf Lettuce, Tomato Slice, Oven Fries, Red Bell Pepper Strips, Baked Beans, Clementine	10 B. Scrambled Eggs, Toast, Grapes, Juice L. Popcom Chicken, Mashed Potatoes, Green Beans, Cherry Tomatoes, Grapes, Chocolate Chip Pumpkin Bread	11 B. French Toast Sticks w/Syrup, Fruit Cocktail, Juice L. Rodeo Burger on a Bun, Roasted Red Potatoes, Broccoli Florets, Apple	12 <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">No School</div>	13																																																																																																																
14	15 B. Mini Waffles w/ Syrup, Banana, Juice L. Beef & Bean Burrito, Chips & Salsa, Lettuce, Tomato, Refried Beans, Corn, Banana	16 B. Cinnamon Roll, Pineapple, Juice L. Stromboli Squares, Seas. Peas, Garden Salad, Baby Carrots, Peaches	17 B. Breakfast Pizza, Peach Slices, Juice L. Turkey & Cheese Sub Sandwich, Dk. Green Leaf Lettuce, Tomato Slice, Sweet Potato Fries, Kiwi, Brownie	18 <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">No School</div>	19 <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">No School</div>	20																																																																																																																
21	22 B. W.G. Cereal, Sausage Patty, Pears, Juice L. Pig in a Blanket, Roasted Red Potatoes, Broccoli w/Cheese, Apple	23 B. Biscuit & Gravy, Orange, Juice L. Chicken Wrap, Spanish Brown Rice, Romaine Lettuce, Tomato, Zucchini, Tropical Fruit, Oatmeal Cookie	24 B. Breakfast Burrito, Salsa, Rosey Applesauce, Juice L. Spaghetti w/Meat Sauce, Garlic Bread, Garden Salad, Green Beans, Mandarin Oranges	25 B. Chicken Biscuit Breakfast Sandwich, Mandarin Oranges, Juice L. Taco Salad, Tortilla Chips, Salsa, Refried Beans, Red Bell Pepper Strips, Romaine Lettuce, Watermelon, Cinnamon Puff	26 B. Pancake on a Stick, Strawberries, Juice L. Chicken & Noodles, W.W. Roll & Honey, Mashed Potatoes, Baby Carrots, Grapes	27																																																																																																																
28	29 B. French Toast Sticks w/Syrup, Grapes, Juice L. Mini Meatball Sub, Ranch Potato Wedges, Tossed Salad, Peaches	30 B. W.W Bagel w/ Toppings, Apple, Juice L. White Chicken Chili, Combread Muffin, Cherry Tomatoes, Cucumber Slices, Banana	31 B. Cereal Breakfast Bar, Mandarin Oranges, Juice L. Cheese Pizza, Broccoli Florets, Baby Carrots, Ranch Style Beans, Rosey Applesauce	<div style="display: flex; justify-content: space-around;"> <div style="border: 2px solid black; padding: 5px; background-color: #ffff00;"> <table style="font-size: small; text-align: center;"> <tr><th colspan="7">Sep 2018</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 2px solid black; padding: 5px; background-color: #ffff00;"> <table style="font-size: small; text-align: center;"> <tr><th colspan="7">Nov 2018</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table> </div> </div>		Sep 2018							S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							Nov 2018							S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							
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Fruit and Milk Choice offered with each Meal. This institution is an equal opportunity provider.