

# September 2024

## Rolla USD 217 Food Service

| Sunday    | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |          |    |    |    |    |    |    |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
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| <b>1</b>  | <b>2</b>   | <b>3</b><br>B. Mini Waffles w/Syrup, Watermelon, Juice<br>BK. 2nd Chance - Same as Above<br>L. Mini Meatball Sub, Ranch Potato Wedges, Salad, Peaches   | <b>4</b><br>B. Breakfast Pizza, Peaches, Juice<br>BK. 2nd Chance - Cereal Bar, Cheesestick, Peaches, Juice<br>L. BBQ Chicken Drumstick, Roll, Jelly, Baked Beans, Cole Slaw, Apricots    | <b>5</b><br>B. Egg Taco, Salsa, Apricots, Juice<br>BK. 2nd Chance - Banana Bread, Yogurt, Apricots, Juice<br>L. Cheese Pizza, Broccoli Florets, Baby Carrots, Rosy Applesauce            | <b>6</b><br>B. Muffin, Rosy Applesauce, Juice<br>BK. 2nd Chance - Muffin, Cheesestick, Applesauce, Juice<br>L. Biscuits & Gravy, Hashbrown Patty, Peas, Pears        | <b>7</b>  |          |    |    |    |    |    |    |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| <b>8</b>  | <b>9</b><br>B. Cereal, Sausage Patty, Pears, Juice<br>BK. 2nd Chance - Same as Above<br>L. Pork Rib on a Bun, Lettuce, Tomato, Sw. Potato Puffs, Apple   | <b>10</b><br>B. Granola Bar, Apple, Juice<br>BK. 2nd Chance - Nutri-Grain Bar, Cheesestick, Apple, Juice<br>L. Taco Soup, Tortilla Chips, Salsa, Broccoli Florets, Strawberries   | <b>11</b><br>B. Chicken Biscuit Breakfast Sandwich, Strawberries, Juice<br>BK. 2nd Chance - Same as Above<br>L. Corn Dog, Green Beans, Tater Tots, Snickerdoodle, Fruit Cocktail         | <b>12</b><br>B. Pancake on a stick, Fruit Cocktail, Juice<br>BK. 2nd Chance - Same as Above<br>L. Chicken Quesadilla, Tortilla Chips, Black bean & Corn Salsa, Refried Beans, Cantaloupe | <b>13</b><br>B. Biscuit & Gravy, Cantaloupe, Juice<br>BK. 2nd Chance - Cereal Bar, Yogurt, Cantaloupe, Juice<br>L. Cowboy Cavatini, Roll, Jelly, Corn, Salad, Orange | <b>14</b> |          |    |    |    |    |    |    |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| <b>15</b> | <b>16</b><br>B. French Toast Sticks, Orange, Juice<br>BK. 2nd Chance - Same as Above<br>L. Hamburger, Lettuce, Tomato, Oven Fries, Strawberries & Bananas  | <b>17</b><br>B. Bagel w/Toppings, Strawberries & Bananas, Juice<br>BK. 2nd Chance - Mini Waffle, Strawberries & Bananas, Juice<br>L. Chicken Nuggets, Roll, Jelly, Mashed Potatoes, Gravy, Salad, Pears   | <b>18</b><br>B. Blueberry Bread, Pears, Juice<br>BK. 2nd Chance - Blueberry Poptart, Cheesestick, Pears, Juice<br>L. Baked Ham, Biscuit, Jelly, Glazed Sw. Potatoes, Green Beans, Grapes | <b>19</b><br>B. Breakfast Pizza, Grapes, Juice<br>BK. 2nd Chance - Banana Bread, Yogurt, Grapes, Juice<br>L. Macaroni & Cheese w/Meatballs, Peas, Baby Carrots, Oranges                  | <b>20</b>  | <b>21</b> |          |    |    |    |    |    |    |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| <b>22</b> | <b>23</b><br>B. Cereal, String Cheese, Oranges, Juice<br>BK. 2nd Chance - Same as Above<br>L. Hot Ham & Cheese, Potato Wedges, Broccoli Florets, Fruit Cocktail  | <b>24</b><br>B. Pancake on a stick, Fruit Cocktail, Juice<br>BK. 2nd Chance - Mini Pancakes, Syrup, Fruit Cocktail, Juice<br>L. Pepperoni Pizza, Salad, Cherry Tomatoes, Pineapple  | <b>25</b><br>B. Sausage Breakfast Sandwich, Pineapple, Juice<br>BK. 2nd Chance - Same as Above<br>L. Taco Burger, Tortilla Chips, Salsa, Lettuce, Tomato, Refried Beans, Banana          | <b>26</b><br>B. Breakfast Bar, Banana, Juice<br>BK. 2nd Chance - Same as Above<br>L. Chicken Patty, Roll, Honey, Mashed Potatoes, Gravy, Green Beans, Pears                              | <b>27</b>  | <b>28</b> |          |    |    |    |    |    |    |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| <b>29</b> | <b>30</b><br>B. Mini Waffles w/Syrup, Pineapple, Juice<br>BK. 2nd Chance - Same as Above<br>L. Sweet & Sour Chicken Nuggets, Asian Veggies, Brown Rice, Cherry Tomatoes, Celery Sticks, Tropical Fruit | <table style="margin: auto; border: 1px solid black; border-collapse: collapse;"> <tr> <th colspan="7" style="padding: 5px;">Aug 2024</th> <th colspan="7" style="padding: 5px;">Oct 2024</th> </tr> <tr> <th style="padding: 5px;">S</th><th style="padding: 5px;">M</th><th style="padding: 5px;">T</th><th style="padding: 5px;">W</th><th style="padding: 5px;">T</th><th style="padding: 5px;">F</th><th style="padding: 5px;">S</th> <th style="padding: 5px;">S</th><th style="padding: 5px;">M</th><th style="padding: 5px;">T</th><th style="padding: 5px;">W</th><th style="padding: 5px;">T</th><th style="padding: 5px;">F</th><th style="padding: 5px;">S</th> </tr> <tr> <td></td><td></td><td></td><td></td><td style="text-align: center;">1</td><td style="text-align: center;">2</td><td style="text-align: center;">3</td> <td></td><td></td><td></td><td></td><td style="text-align: center;">1</td><td style="text-align: center;">2</td><td style="text-align: center;">3</td><td style="text-align: center;">4</td><td style="text-align: center;">5</td> </tr> <tr> <td style="text-align: center;">4</td><td style="text-align: center;">5</td><td style="text-align: center;">6</td><td style="text-align: center;">7</td><td style="text-align: center;">8</td><td style="text-align: center;">9</td><td style="text-align: center;">10</td> <td style="text-align: center;">6</td><td style="text-align: center;">7</td><td style="text-align: center;">8</td><td style="text-align: center;">9</td><td style="text-align: center;">10</td><td style="text-align: center;">11</td><td style="text-align: center;">12</td> </tr> <tr> <td style="text-align: center;">11</td><td style="text-align: center;">12</td><td style="text-align: center;">13</td><td style="text-align: center;">14</td><td style="text-align: center;">15</td><td style="text-align: center;">16</td><td style="text-align: center;">17</td> <td style="text-align: center;">13</td><td style="text-align: center;">14</td><td style="text-align: center;">15</td><td style="text-align: center;">16</td><td style="text-align: center;">17</td><td style="text-align: center;">18</td><td style="text-align: center;">19</td> </tr> <tr> <td style="text-align: center;">18</td><td style="text-align: center;">19</td><td style="text-align: center;">20</td><td style="text-align: center;">21</td><td style="text-align: center;">22</td><td style="text-align: center;">23</td><td style="text-align: center;">24</td> <td style="text-align: center;">20</td><td style="text-align: center;">21</td><td style="text-align: center;">22</td><td style="text-align: center;">23</td><td style="text-align: center;">24</td><td style="text-align: center;">25</td><td style="text-align: center;">26</td> </tr> <tr> <td style="text-align: center;">25</td><td style="text-align: center;">26</td><td style="text-align: center;">27</td><td style="text-align: center;">28</td><td style="text-align: center;">29</td><td style="text-align: center;">30</td><td style="text-align: center;">31</td> <td style="text-align: center;">27</td><td style="text-align: center;">28</td><td style="text-align: center;">29</td><td style="text-align: center;">30</td><td style="text-align: center;">31</td><td></td><td></td> </tr> </table> |  |  |  |           | Aug 2024 |    |    |    |    |    |    | Oct 2024 |   |  |  |  |  |  | S | M | T | W | T | F | S | S | M | T | W | T | F | S |  |  |  |  | 1 | 2 | 3 |  |  |  |  | 1 | 2 | 3 | 4 | 5 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 27 | 28 | 29 | 30 | 31 |  |  |
| Aug 2024  |  |   |  |  |  |           | Oct 2024 |    |    |    |    |    |    |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| S         | M  | T   | W  | T  | F  | S         | S        | M  | T  | W  | T  | F  | S  |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
|           |  |   |  | 1  | 2  | 3         |          |    |    |    | 1  | 2  | 3  | 4        | 5 |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 4         | 5  | 6   | 7  | 8  | 9  | 10        | 6        | 7  | 8  | 9  | 10 | 11 | 12 |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 11        | 12   | 13  | 14   | 15   | 16   | 17        | 13       | 14 | 15 | 16 | 17 | 18 | 19 |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 18        | 19   | 20  | 21   | 22   | 23   | 24        | 20       | 21 | 22 | 23 | 24 | 25 | 26 |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 25        | 26   | 27  | 28   | 29   | 30   | 31        | 27       | 28 | 29 | 30 | 31 |    |    |          |   |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |   |   |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |    |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |

Fruit and Milk Choice offered with each meal. This institution is an equal opportunity provider.